



Senior Activity & Social Centre
Offering Day support to the local community

NEWCASTLE & DUNMURRY

tel: 028 437 23853

enquires and pre-bookings : info@bardancottage.com



Welcome to Bardan Cottage Senior Day Centre, promoting person centred care in a stimulating, entertaining and comforting environment

Bardan Cottage have 2 day care centres for the elderly based in Newcastle, County Down and Dunmurry, County Antrim, offering person centred care in a relaxed and comfortable environment. At Bardan cottage we provide day care for up to 20 elderly guests per day. Our guests require various aspects of physical, psychological and social care.

The care provided at both of our senior centres is of the very highest standards and is carried out by staff that are highly experienced, motivated and qualified in caring for older people. Ours is, we believe, a new approach to community care, where emphasis is placed on what the individual client wishes to do and how they want to use the activities and facilities that are provided throughout the day.

Bardan Cottage promotes a person centred approach to caring for the elderly, providing an environment that will stimulate and entertain our clients. Each room in our centres facilitate different activities including beauty sessions, painting, jewellery making, classic movie shows, gardening, musical sessions, board games sing alongs, card games and Wii games amongst lots of other activities.

“

My husband has a big smile on his face when staff collect him to go to Bardan. I miss him when he goes but am happy to leave him in the care of such wonderful staff.

”

The Layout of our Day Care Centre

When deciding upon the layout and decoration of the centre, careful consideration was given to the needs of people with dementia and other ailments. Environment, lighting and orientation are some of the most important factors in ensuring that the design of our building helps to alleviate, rather than aggravate, the symptoms of our guests who suffer from dementia, poor eyesight, poor hearing and other conditions.





Activities

From the time our guests arrive at our elderly day care centres until the time they leave they are treated with respect and individuality, including the freedom to choose from numerous activities such as arts & crafts, board games, cinema, gardening and computer lessons.

With time for socialising, deliciously fresh home-cooked meals and snacks, regular entertainers and trips out to local sites, we offer a genuine home-from-home for our elderly guests of all ages and abilities.

At Bardan Cottage day care centres in Newcastle and Dunmurry each day is designed around making our elderly guests feel comfortable, relaxed and stimulated in our home-from-home environment.

Whether it be accompanying our clients to the supermarket or to make their errands, involving them in stimulating activities or simply keeping them company while they read a good book or chat to their new friends, our senior centres are a fantastic method of keeping our elderly people busy, entertained and socially active.

Some of our activities include...

- Beauty Sessions
- Painting
- Jewellery making
- Card & decoration making
- Craft work
- Classic movie shows
- Gardening
- Musical Sessions
- Board Games
- Card Games
- Sing-a-longs
- Quizzes
- Bingo
- Wii Games
- Computer lessons



“
Just a note to say my mother loves going to Bardan cottage, it's home to her now. We couldn't manage without this wonderful facility.
”



Why choose Bardan Cottage

Bardan Cottage senior centre offers a home-from-home environment for all of our elderly clients.

Our staff genuinely care about every guest who comes into the centre and each guest is made to feel welcome, cared for and included in every aspect of the day. With a person centred approach to caring our guests are able to decide for themselves which activities they would like to partake in (if any) and are made to feel like they can go about their day as if they were in their own home.

Some of the reasons why so many guests love coming to Bardan Cottage are:

- We offer a caring & friendly environment with professional care in a relaxed manner
- We promote independent living
- We offer transport to & from home
- We provide restaurant quality meals including wine if our guests desire
- We do trips out including taking our guests to do their shopping
- It is the perfect place for elderly people to socialise, interact and meet new people



Bardan Cottage Newcastle
12 Bryansford Avenue
Newcastle
Co. Down
BT33 0AX

Bardan Cottage Dunmurry
265-267 Kingsway,
Dunmurry,
BT17 9NP

Newcastle Tel: 028 437 23853
Dunmurry Tel: 028 90 618869
Email: info@bardancottage.com